

ADENA LOCAL SCHOOLS STUDENT ATHLETIC HANDBOOK

I. DISCIPLINE AND CODE OF CONDUCT FOR STUDENT ATHLETES, CHEERLEADERS, MANAGERS STATISTICIANS, AND MASCOTS

Extracurricular sports activities at Adena Schools are offered and designed to accommodate those students who desire to participate in organized activities beyond the basic academic program. At the present time, these activities consist of football, volleyball, cross country, golf, basketball, track, softball, baseball and cheerleading. At least one coach or advisor is assigned to each of the teams and an Athletic Director is placed in charge of the overall program.

Participation in any of the extracurricular activities is a privilege, not a right; therefore, student athletes are expected to meet certain minimal standards to retain their membership.

When a student has the opportunity to become a member of a team and to perform as a representative of the school, acceptance of a high standard of conduct is implied. Violation of this standard of conduct carries certain penalties and discontinued membership for designated periods of time. Specific rules and regulations will be developed for each team by the individual coaches and advisors with copies being distributed to everyone involved with that particular team. The following general rules and regulations will apply to all of the teams and their respective student athletes.

1. The student athlete will not violate the Student Behavior Code of the school.
2. A suspension from the school will consequently result in a student athlete's suspension from all extracurricular activities for the duration of the suspension.
3. The coach, advisor, Athletic Director or Principal has the authority to dismiss a student athlete from a team at any time for the violation of any established rules.
4. The coach or advisor must have written permission from the athletic director prior to dismissal from any athletic team or activity.
5. Dismissal of a student athlete from a team may be appealed to the Athletic Control Board, which may, by a majority vote, affirm, reverse, or modify any dismissal. A dismissal shall remain in effect during the period an appeal is pending.
6. Any action of the Athletic Control Board may be appealed to the Board of Education, whose decision shall be final. A dismissal shall remain in effect during the period an appeal is pending.
7. Dismissal from an athletic team shall make the athlete ineligible for the next sport.

II. PHYSICALS

Physicals are mandatory for participation, practice or try out for any sport at Adena High School of Adena Middle School. A physical waiver form is available for religious reason per Adena School Board policy. A student is not allowed to begin a sport without a physical.

III. EQUIPMENT

If your equipment or uniform is not turned in to your coach, you will not be permitted to tryout, participate in conditioning or practice in the next sport season until said equipment/uniform is turned in.

IV. SCHOLASTIC ELIGIBILITY REQUIREMENTS

To be eligible to participate in interscholastic athletics at Adena Schools all athletes must meet the following standards:

1. All students must meet the scholastic requirements of the Ohio High School Athletic Association. All high school student athletes must be passing 5 credits per grading period. All junior high student athletes must be passing 75% of their classes .
2. In addition to meeting Ohio High School Athletic Association minimum standards all students in grades 7, 8 and 9 will be required to have a 1.50 grade point average per grading period. Students in grades 10, 11 and 12 will be required to have a 1.75 grade point average per grading period. Students in grade 9 will be required to have a 1.75 grade point average for the final grading period of their freshman year to be eligible to participate as a sophomore.

3. Once a grade has been recorded, no changes are allowed except for a mistake in teacher calculations.
4. A student has three days to make up work from an excused absence, or a 0 is the grade to be received. The building administrator will determine if there are extenuating circumstances that would extend this make up time. Student, teacher, and building administrator will meet to determine if circumstances warrant an incomplete to be given as a grade until missing work is completed.
5. A student athlete who becomes ineligible in mid-season of a sport or activity can continue to practice with approval from the coach/advisor, and parent/guardian/custodian.
6. Eligibility for participation will be determined as follows:
 - Fall Sports: End of the last 9 weeks of previous school year.
 - Winter Sports: End of the first and second nine weeks
 - Spring Sports: End of the third nine weeks

EXAMPLES FOR DETERMINING ELIGIBILITY OF STUDENT ATHLETES

1. Determine the number of credits student has earned for the 9 weeks.
 2. Calculate the student's grade point average using their current 9 weeks grades
- Grade Point Average = Quality Points earned /total credits taken
 Quality Points = Credit earned x value of grade
 A = 4, B = 3, C = 2, D = 1, F = 0

Student 1 (high school only)

<u>Classes</u>	<u>Credit</u>	<u>Grade</u>	<u>Quality Points</u>	
			<u>Value</u>	<u>Earned</u>
Biology I	1	74	1	1.00
Sociology	0.5	70	0.5	0.50
Ag. Science I	1.25	75	1.25	1.25
English II	1	79	1	2.00
Health	0.5	95	0.5	2.00
Geometry	1	71	1	1.00
Totals	5.25		5.25	7.75

Student earned 5.25 credits and meets OHSAA standards
 Student grade point average $7.75/5.25 = 1.476$
 Student is ineligible to participate due to a Grade Point Average of 1.476

Student 2 (high school only)

<u>Classes</u>	<u>Credit</u>	<u>Grade</u>	<u>Quality Points</u>	
			<u>Value</u>	<u>Earned</u>
Algebra II	1	60	0	0.00
Ind. Tech A	1	85	1	3.00
Physical Ed.	0.25	95	0.25	1.00
American Hist.	1	86	1	3.00
Math II	1	65	0	0.00
Civics	1	86	1	3.00
Totals	5.25		3.25	10.00

Student earned 3.25 credits and does not meet OHSAA standards
 Student Grade Point Average: $10.00/5.25 = 1.905$
 Student is ineligible to participate because of not meeting OHSAA credit standards of 5 per grading period.

BASIC TRAINING RULE

The Adena Athletic Handbook is enforced year round. All Adena athletes are required to adhere to the rules and regulations of the athletic handbook 12 months of the year, in and out of sport season and through the summer months.

Upon breaking athletic handbook training rules, the athlete forfeits any leadership positions such as, but not limited to team captain and will not hold any leadership position on athletic teams for the remainder of the school year.

Any student possessing, using, buying or selling alcohol, tobacco, drugs, or counterfeit drugs shall be denied participation in interscholastic athletics according to set policy. To be found in violation of the athletic handbook training rules the athlete must be observed by a paid employee of the Adena Local School District and/or law enforcement officers. No employee of the district will solicit information concerning rumors of an athlete breaking training rules.

TOBACCO

Use or Possession - First Violation

The tobacco product must be in their immediate possession. Fifteen day denial of participation in athletic contests with a minimum of two game suspension. Athlete will continue to practice with the team but will not dress for any athletic contest, but must travel and sit on bench with team. The denial of participation will be carried over to the next sport season the athlete participates.

Use or Possession - Second Violation

Seventy-five day denial of participation in athletic contests. The denial of participation will be carried over to the next sport season the athlete participates in.

Use of Possession - Third Violation

Eligibility for participation in interscholastic athletics shall be permanently revoked.

ALCOHOL - ILLEGAL DRUGS - COUNTERFEIT DRUGS

Use or Possession - First Violation

Athlete will be denied participation in interscholastic athletic contests for thirty days under the guidelines of the Ohio High School Athletic Association official starting date of each season. Athlete will continue to practice with team but will not dress for athletic contest, but must travel and sit on bench with team. (The thirty day count is calculated as Monday through Saturday - six days/week.) The athlete must submit to and pass a drug test at the parents' expense, before he/she can return to participation. Any sign of a "masking agent" in the urine test will mean that the test will be considered positive. During this thirty day suspension, the athlete must continually attend and eventually complete a substance abuse program at the parents expense. Failure to complete this program will result in immediate denial of participation. The denial of participation will be carried over to the next sport season in which the athlete participates.

Use or Possession - Second Violation

The student athlete found in a second violation of the training rules shall be denied athletic participation for the remainder of their enrollment in the Adena Schools. After one calendar year from determination of guilt, an appeal can be made to the Athletic Control Board for reinstatement contingent upon substantiated rehabilitation.

The athlete must initiate this process. The athlete must submit to and pass a drug test at the parents' expense, before he/she can return to participation. Any sign of a "masking agent" in the urine test will mean that the test will be considered positive. During this suspension, the athlete must continually attend and eventually complete a substance abuse program at the parents expense. Failure to complete this program will result in immediate denial of participation.

Use or Possession - Third Violation

Eligibility for participation in interscholastic athletics shall be permanently revoked.

ALCOHOL - ILLEGAL DRUGS - COUNTERFEIT DRUGS

Sale or Distribution - First Violation

The student athlete will be denied participation in interscholastic athletics for the remainder of their enrollment in the Adena Schools. Charges will be filed with the local authorities. After one calendar year from determination of guilt, and appeal can be made to the Athletic Control Board for reinstatement. The student must initiate this appeal process.

Sale or Distribution - Second Violation

Eligibility for participation in interscholastic athletics shall be permanently revoked. Charges will be filed with local authorities.

SELF-REFERRAL

Students have the opportunity for self-referral procedure to seek information, guidance, counseling and /or assessment in regard to use or possession of tobacco, alcohol and other controlled substances. Self-referral cannot be used to avoid consequences of violation of athletic handbook. Self referral will not receive first violation consequences but it will be counted as a violation. To avoid receiving denial of participation, the student must complete an assessment and rehabilitation program. Failure to complete the rehabilitation program will result in denial of participation consequences being invoked. Self-referral is always encouraged; however, the avoidance of consequences through self-referral shall only occur once. Self-referral by student athlete should be made to the Head Coach, Athletic Director or Principal.

VANDALISM OF SCHOOL PROPERTY - HOME OR AWAY

First Violation

The student will be denied participation in interscholastic athletics until restitution is made to the proper authority. Criminal charges may be filed.

Second Violation

The student athlete will be suspended from the team for 30 days or rest of season, whichever is greater. Restitution must also be made before athlete is eligible to participate again. Criminal charges may be filed.

Third Violation

Eligibility for participation in interscholastic athletics shall be permanently revoked. Restitution must also be made. Criminal charges may be filed.

SCHOOL ATTENDANCE

High School

A senior has to be in school four hours to be eligible to practice or play in a contest on that day. An underclassman must be in school five hours to be eligible to practice or play in a contest on that day. If an athlete has to leave school for appointments, their absence should be approved by the principal before they can participate in practice or play in a contest. Such excused absences are an exception to the above hour requirements.

Middle School

A student athlete must be in school five hours to be eligible to practice or play in a contest on that day.

VACATION

Vacations by athletic team members during a sports season are strongly discouraged.

Parents/Athletes wishing to do so may wish to reassess their commitment to being an athlete.

In the event an absence due to a vacation is unavoidable, an athlete must:

1. Be accompanied by his/her parent while on vacation.
2. Contact the head coach prior to vacation.
3. Practice one day for each practice or contest day missed prior to resuming competition. (Contest day will count as a practice day served)
4. Be willing to assume the consequences related to their status on that squad as starter, 2nd string, 3rd string, etc.

TRANSPORTATION

All athletes must travel to out of town athletic contests in transportation provided by the athletic department. This includes as summer league contests if transportation is available. An athlete may ride home with their parents if the parent signs the transportation waiver form after completion of the athletic contests. Parents must sign the transportation waiver in the presence of a board approved coach for that sport. A student athlete may go home with another athlete's parent if a written note is given to the head coach the morning of the contest so the coach can verify the note. Athletes that miss the bus will not be allowed to participate in the contest unless there are extenuating circumstances. These circumstances must be approved by the Principal. Athletes are not permitted to drive to summer league or regular season contests.

Participating in More Than One Sport During the Same Season

A student may participating in more than one sport during a season if, the head coaches of the respective sports, athletic director, and high school principal are in agreement. The major sport must be declared.

Open Facilities – Out of Season Conditioning

A student athlete cannot be involved in any type of school related practice situation other than for the sport they are currently participating.

QUITTING A TEAM

The quitting of any athlete from a team after the first scrimmage game, less than ten school days before the first regular season game, or during the regular sports season shall render that athlete ineligible for the next sports season that the athlete participated in the previous school year. An appeal of such ineligibility may be made to the Athletic Control Board. The athlete must be present for such appeal, with a majority vote necessary for further participation. If an athlete quits a spring sport, he/she must receive permission from the Athletic Control Board before participating in a fall sport. The athlete is strongly encourage to have a conference with the head coach of the sport before quitting that sport.

Definitions

Athletic Control Board – a committee that oversees the athletic program at the Adena Local Schools and is made up of all head coaches, the Athletic Director, High School and Middle School Principal and one Board of Education member.

Student Athlete or Athlete - any student participating in high school/middle school athletic programs and/or athletic contests under the control and jurisdiction of the District and the Ohio High School Athletic Association.

Illegal drugs or Drugs - any substance, which an individual may not sell, offer to sell, exchange, give, possess, use, distribute, or purchase under state or federal law.

Self-referral - the athlete realizes and admits he or she has a problem and needs help with a drug/alcohol problem and seeks help before he/she is observed violating a training rule.

Counterfeit drug - any unmarked or unlabeled substance that is represented to be a controlled substance/mood altering chemical or other drug.

Tobacco - all types of tobacco products, including smokeless.

OHSAA - Ohio High School Athletic Association

Quality Points - numerical value given to letter grades used to determine a student's grade point average.

Sport Season - the date at which the Ohio High School Athletic Association determines that practice may begin.

ADENA LOCAL SCHOOLS
STUDENT ATHLETIC HANDBOOK
INFORMED CONSENT AGREEMENT

STUDENT NAME _____ GRADE _____

AS A STUDENT:

I understand and agree that participation in athletic activities is a privilege that may be withdrawn for violations of the Athletic Handbook.

I have read the Athletic Handbook and thoroughly understand the consequences that I will face if I do not honor my commitment to the Athletic Handbook.

I understand and realize that there is a risk of injury in participating in athletic activities.

I understand this AGREEMENT is binding FOR THE ENTIRE TIME I AM A STUDENT AT ADENA.

Student Signature Date _____

AS A PARENT/GUARDIAN/CUSTODIAN:

I have read the Athletic Handbook and understand the responsibilities of my son/daughter/ward as a participant in athletic activities in the Adena Schools.

I pledge to promote healthy lifestyles for all student athletes of the Adena Schools.

I understand and realize that there is an assumed risk of injury involved for my son/daughter/ward as a participant in athletic activities.

I understand this AGREEMENT is binding FOR THE ENTIRE TIME MY SON/DAUGHTER/WARD IS A STUDENT AT ADENA.

Parent/Guardian/Custodian Signature Date _____

Home Phone Work Phone _____

ADENA LOCAL SCHOOLS
PAY TO PARTICIPATE
2006-07

The Adena Local Board has decided to charge each athlete participating in athletics a fee starting the Fall of 2006. The amount per sport per athlete will be \$100 for high school athletes and \$50 for middle school athletes.

The fee for high school participants will be due before the 1st regularly scheduled Ohio High School Athletic Association athletic contest. Middle school participants will need to pay their fee before their first game in their sport. It should be paid to the Athletic Director or their building Principal. There will be no refund after the first regularly scheduled Ohio High School Athletic contest.

Pay-to Participate involves the following sports or activity:

FALL	WINTER	SPRING
Football	Basketball	Baseball
Golf	Cheerleading	Softball
Volleyball		Track
Cross Country		
Cheerleading		

Student Name _____
(print name)

Sport _____

Student Signature _____

Parent Signature _____

Amount paid _____

Date Paid _____

Received by _____